



Southwest Gastroenterology Associates  
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 southwestgi.com

<b>Esophagogastroduodenoscopy (EGD) Prep</b>		
<b>Date:</b>	<b>Time:</b>	<b>Physician:</b>
<b>Location:</b> Lovelace Medical Center Downtown 601 Dr Martin Luther King Jr Ave NE, Albuquerque, NM 87102 Please call to confirm appointment 505-999-1606 or 999-1610		

**Follow the instructions below for your procedure. You will need a driver on the day of your procedure. Please call our office if you have any questions.**

**1 WEEK PRIOR TO YOUR PROCEDURE**

Let us know if you are on any of the following blood thinners: Plavix, Coumadin, Effient, Eliquis, Xarelto, Pradaxa, Warfarin or any other blood-thinning medications. Please call your managing provider for instructions on stopping your medication \_\_\_\_\_ days prior to your procedure. **Stop** taking iron supplements or vitamins with iron, fish oil, krill oil or shark oil supplements.

**MORNING PROCEDURE**

**Take** your medications at least 2 hours prior to your procedure with a small sip of water only. **Do not** have anything to eat or drink (no liquids) after midnight the night before your procedure. **Do not** skip heart, blood pressure or seizure medications.

**AFTERNOON PROCEDURE**

You may have a clear liquid breakfast. **No** solid foods, milk or milk products. Alcohol is not permitted.

**“CLEAR LIQUIDS” INCLUDE:**

- Strained fruit juice without pulp (apple, white grape, lemonade)
- Water, tea, coffee (without milk or non-dairy creamer)
- Clear broth or chicken, beef or vegetable bouillon
- Alcohol Is Not Permitted
- Plain Jell-O or ice popsicles

**Do not** have anything solid to eat or drink (no liquids) for 8 hours prior to your procedure. No gum, mints, candy or tobacco products.

**You will need your current insurance card, picture ID and copayment.**