

TAKING CLOSTRIDIUM DIFFICILE TREATMENT

What is Clostridium Difficile Treatment?

Your doctor has prescribed the following antibiotic treatment for you because you have a bacterial infection called C. diff., that causes inflammation of the colon.

How do I take Clostridium Difficile Treatment?

- Most people take antibiotic treatment without having any problems. If you are pregnant or breastfeeding, you will need further consultation with your doctor before taking this treatment.
- You will need to take the medication **EXACTLY** as listed below.
- If you do not take the treatment as recommended, it will not work as well.

Medicine	Dose	Frequency
Vancomycin	125mg tablet	4 times a day, for 14 days , then
Vancomycin	125mg tablet	2 times a day, for 7 days , then
Vancomycin	125mg tablet	Once a day, for 7 days , then
Vancomycin	125mg tablet	Every 3 days , for 6 weeks
Oral VOWST	4 capsules (4 days AFTER above treatment is complete)	Once a day, for 3 days (on an empty stomach)

Common Side Effects Can Include:

- Antibiotics – diarrhea, nausea, vomiting, abdominal pain, and loss of appetite.

When will I Feel Better?

- Most C. diff infections resolve within 2 weeks of starting antibiotic treatment.

What if my Diarrhea Comes Back?

- Tell your doctor or nurse. They will probably give you medications to treat it again.

Things to Remember:

- Don't return to work or school until your diarrhea has stopped.
- Wash your hands frequently with soap and water, especially after you use the bathroom and before you eat.
- Do not cook food for others while you have diarrhea.