

# TAKING QUADRUPLE DRUG THERAPY

## What is Quadruple Drug Therapy?

Your doctor has prescribed Quadruple Drug Therapy treatment for you because you have an infection of the stomach called H. Pylori. This regimen includes the following medications; a proton pump inhibitor, Bismuth Salicylate, Metronidazole, and Tetracycline.

# How do I take Quadruple Drug Therapy?

- Most people take Quadruple Drug Therapy treatment without having any problems. If you are pregnant or breastfeeding, you cannot take this treatment.
- You will need to take the medications listed below for 14 days.
- If you do not take the treatment as recommended, it will not work as well.

MEDICINE	DOSE	FREQUENCY
Omeprazole (PPI)	20 mg tablet	2 times a day (30-60 minutes prior to first and last meals of the day)
Bismuth Salicylate (Pepto Bismol)	262 mg tablet, 2 tablets	4 times a day
Metronidazole	500 mg tablet	4 times a day
Tetracycline	500 mg tablet	4 times a day

#### **Common Side Effects Can Include:**

- i. PPIs headaches, dizziness, fatigue, blurred vision, dry mouth, and increased thirst
- ii. Bismuth Salicylate (Pepto Bismol) can cause stools to turn black
- iii. Antibiotics loss of appetite, abdominal pain, nausea, diarrhea, vomiting

## \*Important Note When Taking Metronidazole\*

- You should NOT drink alcohol while taking metronidazole as it will make you feel very sick.
- Stop taking metronidazole and notify our office if you develop burning, numbness, tingling, or painful sensations in your hands and feet.
- To be used cautiously in patients with severe heart failure, liver failure, and kidney failure.