

Flexible Sigmoidoscopy Prep

Date:	Time:	Physician:
Location: Southwest Endoscopy 7788 Jefferson St NE, Albuquerque, NM 87109		
Please call to confirm appointment 505-999-1600		

The following instructions are your physician's specific instructions. Please follow the instructions carefully to ensure a successful prep.

You can reach your physician's office at: 505-999-1600

NO SHOW: Any patient who fails to keep an appointment will be charged a \$100.00 fee for scheduled procedure appointments. The fee must be paid prior to rescheduling any appointments.

Cancellations must be made 72 hours prior to your scheduled appointment. Any cancellation made less than 72 hours will be charged \$100.00. For Monday appointments, cancellations must be made by noon on the preceding Friday. This fee will have to be paid prior to rescheduling the appointment.

Follow the steps below to make sure that your colon is completely clean before your Flex-sigmoidoscopy. You will need a driver on the day of your procedure. Please call our office if you have any questions.

Let us know if you are on any of the following: Plavix, Coumadin, Effient, Pradaxa, Eliquis, Xarelto or other blood thinning medication.

You will need to purchase the following items at any pharmacy. These will be in the laxative section.

(3) Water based or saline based “FLEET ENEMAS”, no prescription is needed.

Day of your procedure

1. Approximately one hour before leaving home, begin use of the three fleet enemas.
2. Hold each enema for 10 minutes, or as long as possible.
3. Space each enema 10 to 15 minutes apart.

***Absolutely nothing by mouth 8 hours prior to your procedure
No gum, mints, candy or tobacco products***

If your procedure is before 7 AM, please check in at 6:30 AM. Our office opens at 6:30 AM.

- TAKE YOUR BLOOD PRESSURE MEDICATIONS, HEART MEDICATIONS, OR SEIZURE MEDICATIONS AS PRESCRIBED WITH A SMALL SIP OF WATER AT LEAST 2 HOURS PRIOR TO YOUR PROCEDURE.
- **You must arrange to have a responsible adult (18 or older) come with you to your procedure to drive you home.** You are not allowed to drive, take a bus, or leave the facility alone. Your driver does not need to stay at our facility during your procedure but needs to remain reachable by phone.
- You will need your current insurance card, picture ID, and copayment.

If you have any questions or concerns about the preparation, please contact our office at 505-999-1600.

REVISED: 07/02/2021